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Humor Author Diane Dean-Epps Launches **BANGS ‘N’ BOTOX: WOMEN WHO WEAR AGING WELL** Podcast

The podcast that will have you LAUGHING About Aging Until You STOP Crying!

GRASS VALLEY, Calif. — June 26, 2026 — Humor author and uniquely-voiced “sit-down standup” comedian Diane Dean-Epps has brought her signature wit from the printed page to the airwaves with her podcast, **BANGS ‘N’ BOTOX: WOMEN WHO WEAR AGING WELL**.

Inspired by her hilarious humor book about aging—*BANGS ‘N’ BOTOX: My Aging Journey Into, Through, and Beyond Denial, Fillers & Human Preservatives*—the podcast delivers laugh-out-loud commentary, humorous observations, and refreshingly honest takes on getting older. Each show celebrates women as Dean-Epps chats about the realities of aging as a non-famous, non-influencer, “regular” woman who can’t afford NOT to age.

From menopause misconceptions to body parts aging out, to identifying senior superpowers, themed episodes offer up vignettes and experiences from Dean-Epps’ laugh-lined world, showcasing her efforts to embrace aging fearlessly while also finding the funny in it.

“If aging’s the joke, then we might as well own the punchline AND our point of view,” pronounces Dean-Epps. “My goal is simple: connect to listeners by serving up laughs, rants, and observations they can relate to because life’s too short to hold things in—including our bodacious bodies!”

Packed with humor, heart, and a practical perspective, **BANGS ‘N’ BOTOX: WOMEN WHO WEAR AGING WELL** encourages women to meet her at the intersection of shared experiences and personal empowerment. Through multiple show segments like Storytime with Diane, Quotes to Live By, and Essential Questions for the Pondering, she encourages her followers to “own their own space and place in this world.”

Though “women” is in the title, Dean-Epps warmly invites “XY chromosome” listeners to join in the conversation by saying, “this show is for women *and* anyone who loves a woman and, more than likely, several women! They’re your moms, sisters, grandmothers, friends, confidantes, temperature-checkers, inspiration-providers, and so much more.”

BANGS ‘N’ BOTOX: WOMEN WHO WEAR AGING WELL featuring Diane’s unique “comedy coffee klatch” blend of storytelling is available on multiple streaming services—Spotify, Apple, Amazon Music, YouTube. **Listen Now:** <http://bit.ly/3KAG06U>

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